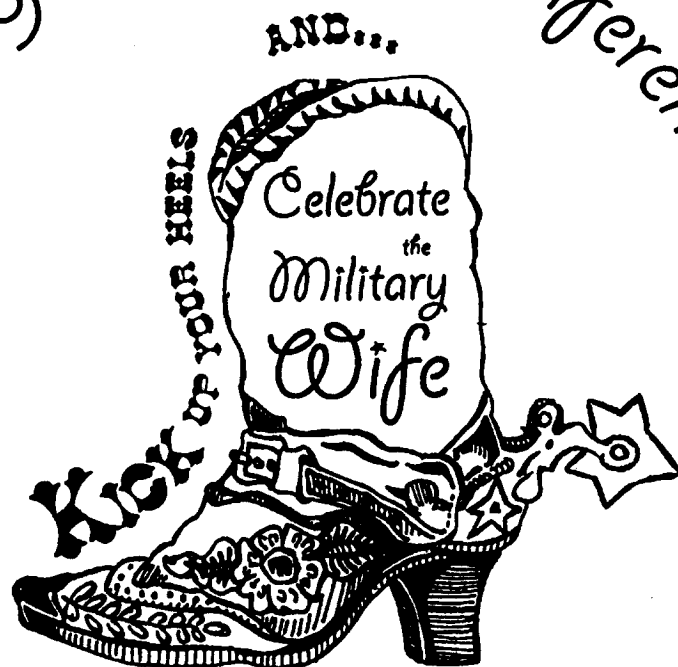


1999 Women's Conference



Fort Hood, Texas

Program

Conference Schedule

Friday, February 19

8:30-9:00	Registration & Packet Pickup Comanche Chapel. Fort Hood
9:00-9:15	Introduction & Welcome
9:15-9:45	Keynote Address Maureen "Mo" Dubia wife of LTG John A. Dubia Director of the Army Staff
9:45-10:00	Break - Move to first class
10:00-11:00	Workshop A
11:15-12:15	Workshop B
12:15-1:15	Lunch
1:15-2:15	Workshop C

Saturday, February 20

8:30-9:00	Check In/Breakfast
9:00-10:00	Workshop D
10:15-11:15	Workshop E
11:30-12:30	Workshop F
12:30-1:30	Luncheon

Your Opinion Counts...

In your folder, you will find a conference evaluation form. Please complete it and leave it in your last classroom at the end of the day on Saturday.

Keynote Speaker

Maureen "Mo" Dubia was born in Hartford, Connecticut, the daughter of an Air Force Officer. She had moved 14 times by her senior year in high school. She graduated from the University of South Dakota. She was a high school Spanish and English teacher. She has been an Army wife for almost 32 years. She has been a volunteer for numerous organizations, including the Red Cross, ACS, Advisor to the Family Liaison Office, Advisor for the DA level of Army Family Team Building, editor of the Team Player Newsletter, and is a member of the Education 2000 Team, just to name a few. She is married to LTG John A. Dubia, the Director of the Army Staff. They are currently stationed in Washington, D.C. She is the mother of three sons. She and her husband have been stationed at Fort Hood twice; in 1968 and in 1973.

Conference Staff

Director	Vicki Cody
Treasurer	Stephanie Ralston
Secretary	Shauna Holbrook
Registration	Theresa Kostich Ikuko Bondi Anke Blaine Pat Farmer
Workshop Presenters	Debra Lalor
Conference Totes	Julie Gregurash Melissa Moatts
Food Services	Wendy Maskell
Luncheon	Lisa Lawrence
Facilities	Sue Hall Sharon Kane Sharon Wallace
Publicity	Kelly Ann Morrow
Graphics	Bonnie Koenig Susan Wilson
Evaluations	Sandy Finke Mary Jo Mills
Voice Mail	Kimberly McHugh

Room Assignments

Friday

A-1 Healthy Microwave Cooking	111
A-2 German Soul Food	*
A-3 Pain is inevitable	107
A-4 Career choices	123
A-5 Adoption in the Military	112
A-6 Machado Jui-Jitsu	**
A-7 Breast Health	125
A-8 The ABCs ADD and ADHD	104
A-9 Infertility, Invitro and in Labor	106
A-10 Buyer Beware II	126
A-11 Military Protocol and Tradition	103
A-12 Your Child has Asthma	110

B-1 Art of Rubber Stamping	125
B-2 What's in that Fine Print?	104
B-3 Easy Cake Decorating	127
B-4 Parenting Techniques	103
B-5 Crock Pot Cookery	107
B-6 Computer Buying	106
B-7 Line Dancing	**
B-8 Aromatherapy	111
B-9 PMS	123
B-10 Just wait till your dad gets home!	126
B-11 Hot Legal Issues	110
B-12 Adventures in Attitude	112

C-1 Home Sweet Home Schooling	104
C-2 The Perfect Gift Basket	103
C-3 Adult Asthma	106
C-4 Massage Therapy	128
C-5 Moving without Madness	123
C-6 Surfing the Internet	****
C-7 Chocolate	111
C-8 The Perfect Party	107
C-9 Resume Writing	127
C-10 Train Smarter	**
C-11 Turn your crafts into a business	110
C-12 Buying and Financing a new home	112

* Kitchen *** Chapel
** Back Sanctuary **** Activity Room

Saturday

D-1 Don't just teach them	128
D-2 Antiques and Old Stuff	103
D-3 So I'm 40...what now?	126
D-4 Hypercholesterolemia	127
D-5 A lifetime with my best friend	***
D-6 Self Image - the Key	123
D-7 Dealing with Depression	106
D-8 Intro to Rubber Stamping	125
D-9 History of Camp Hood	110
D-10 English Tea Time	111
D-11 Going once, Twice, Gone	112
D-12 Mentoring	104

E-1 Raising Children in the Military	123
E-2 Cultural Diversities	104
E-3 The Non-Diet Diet	121
E-4 My friend has breast cancer	106
E-5 Massage Therapy	108
E-6 I just washed my hair	128
E-7 Building your wardrobe	125
E-8 History of Bell County	110
E-9 Come paint with me	126
E-10 Raising a reader	127
E-11 Resourceful Tutoring	112
E-12 Beauty of Stained Glass	107

F-1 SPSTPT	104
F-2 Texas Gardening	126
F-3 How to get Johnny to eat carrots	106
F-4 Eating Disorders	108
F-5 Line Dancing	**
F-6 Surfing the Internet	****
F-7 Take a picture, Frame It	111
F-8 Gift Quilts	103
F-9 Interview Skills	110
F-10 Writing for Family	112
F-11 Think You're a good listener?	123
F-12 Life is a menu...	121

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Fort Hood Officers' Wives' Club

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Fort Hood Enlisted Spouses' Club

**Please take a
moment...**

to thank your presenters. They
have graciously volunteered
their time and expertise.

Menus

Friday



Robin Hood Sandwich - Chips - Soda

Saturday

Grilled Chicken Salad

w/Honey Mustard Dressing

Rolls w/Butter

Cookies by Cakes & Lace

NY Style Cheesecake w/Caramel Sauce

Tea/Coffee



Supporters

Shine Brothers

Scott & White Hospital

Big League Burgers

Chick-Fil-A

Applebee's

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